

Groveland Elementary's Counseling Program



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School
Night
2015

What is a School Counselor's Role?



Elementary school years set the tone for developing the skills, knowledge and attitudes necessary for children to become healthy, productive adults. Young students are beginning to develop their academic self-concept and their feelings of competence and confidence as learners. Today's school counselors are **vital** members of the education team. They help all students in the areas of *academic achievement, personal/social development and career development*, ensuring today's students become the productive, well-adjusted adults of tomorrow.

Here at *Groveland Elementary*, we work with students, teachers, administrators, parents/guardians, community members and all other members involved in the student's life to make sure that they have the skills and resources to succeed in and out of school.

We are professional educators with a mental health perspective who understand and respond to challenges presented by today's diverse student population. At Groveland, we commit to instilling four characteristics in our students:

Respect, Responsibility, Cooperation and Sportsmanship

Who are your School Counselors?

Alexis Mele

Hello! My name is Alexis Mele and I have been a Counselor at Groveland Elementary for the past 2 years- going into my 3rd. This year, I am working with grades 1, 3, & 5 and am so excited for another wonderful year! I look forward to working with you and your child(ren) to help them reach their greatest potential and feel successful in and outside of school. My door is always open, so please feel free to reach out to me at any time!

Amy Moss

Hello! My name is Amy Moss and this is my first year at Groveland Elementary School! I am so excited to be here and very proud to call myself a Great Grizzly! I will be the Student Support Counselor for Grades K, 2nd, 4th, and 6th this year. This will be my 5th year working as a school counselor. I was a counselor in the CBSD at Kutz Elementary School in the past, as well as in multiple schools in the Centennial School District. I look forward to working with you and your children in creating a successful and fun 2015-2016 school year at Groveland!

How can your School Counselors help?

- ▶ **Social/Emotional**
Friendships, Conflict Resolution, Peer Mediation, Coping Skills, Stress Management,
- ▶ **Academic**
Success and Concerns
- ▶ **Behavioral Support**
- ▶ **Teacher and Parent Consultation**
- ▶ **Full Classroom Counseling Lessons**
- ▶ **Groups**

Students can be referred to groups by a teacher, counselor or a parent. Groups require parent permission

- FISH (Family in Separate Houses)
- Stress Busters
- Cool Off!
- Friendship
- Heart Prints
- Focus Pocus



All counseling groups are based off of student needs

Contact Us!

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